



## Hillview Nursey School Newsletter

9<sup>th</sup> February 2021



### This week at nursery we are learning;

We are continuing our theme about Transport.

The story of the week is:  
Whatever next! By Jill Murphy

We will be reenacting the story using different props

Children will make their own rockets and telescopes using recycled materials

Children will be writing their own shopping lists for our picnic on Friday

Children will be making their own sandwiches and preparing healthy snacks

When we are preparing for our picnic, we will be looking at food that is healthy and unhealthy – What has baby bear got in his bag?

We will be looking at science books about space and stars.

### Activities you can do at home.

Listen to Linda reading the story Whatever Next! By Jill murphy

When sharing the story can you encourage your child to count the stars on each page.

Baby bear goes whoosh ! out into the night. Can you think of other words to describe how something can travel quickly or slowly?

Make a list of equipment you might need if you were going to travel to the moon.

Baby bear turns a box into a rocket - what will you make with your box?

Can you reenact the story with props you have at home?

### **Letter of the week is A**

What objects can you find around your home beginning with A

Can you play the memory game using these objects?

Does any of your friends name start with the letter A ?

<https://www.youtube.com/watch?v=gTqfptkpcpY>

Many of our activities will involve looking at and exploring objects beginning with this letter.

**Please remember to share some pictures of activities you are doing at home on Evidence me. We would really love to see them.**



### Dates for the diary;

8th March – Literacy workshop  
9.15 / 1.15pm

12<sup>th</sup> March - Comic Relief Event

15<sup>th</sup> – 26<sup>th</sup> March Report Week

17<sup>th</sup> March - Behaviour Workshop lead  
by Early support 1.00-2.30pm

23<sup>rd</sup> March - Support with Toilet training  
lead by Early support 1.00pm -2.30pm

26<sup>th</sup> March Mother's Day Event

### Songs to sing together at home;

5 little men in a flying saucer

Zoom, Zoom, Zoom

Twinkle Twinkle little star

### **Story of the week**

**Whatever Next by Jill Murphy**

[https://www.youtube.com/watch?v=Za-g9y0\\_Y1](https://www.youtube.com/watch?v=Za-g9y0_Y1)

### General Information;

**Next week is half term Monday 15<sup>th</sup> – Friday 19<sup>th</sup> February, stay safe and enjoy the half term break.**

**We will be closed on Monday 22<sup>nd</sup> February for an Inset day. We will reopen on Tuesday 23<sup>rd</sup> February**

### **COVID-19 information in different languages**

<https://www.leicestershospitals.nhs.uk/patients/covid-19-information-hub/covid-19-information-other-languages/>

*Ofsted (October 2019) said: "Children achieve well at Hillview Nursery School. Staff plan activities carefully and review these activities to respond to children's interests. Children with SEND receive excellent support. Leaders and staff know what they want the children to learn and understand. Their expectations are ambitious, including for the two-year-old children. They plan .....learning so that children build on what they already know and can do"*

## **Important information**

Did you know that Harrow has the highest number, of all the London boroughs, with children aged 5 years experiencing tooth decay?

A regular teeth-cleaning routine is essential for good dental health. Follow these tips and you can help keep your kids' teeth decay-free.

Toothbrushing tips: It's important to use fluoride toothpaste, as this helps prevent and control tooth decay.

### **Children aged up to 3 years**

- Parents or carers should brush or supervise toothbrushing.
- Brush teeth twice daily for about 2 minutes with fluoride toothpaste.
- Brush last thing at night before bed and on 1 other occasion.
- Use children's fluoride toothpaste containing no less than 1,000ppm of fluoride (check label) or family toothpaste containing between 1,350ppm and 1,500ppm fluoride.
- Use only a smear of toothpaste.
- Make sure children don't eat or lick toothpaste from the tube.

### **Children aged 3 to 6 years**

- Brush at least twice daily for about 2 minutes with fluoride toothpaste.
- Brush last thing at night before bed and at least on 1 other occasion.
- Brushing should be supervised by a parent or carer.
- Use children's fluoride toothpaste containing no less than 1,000ppm of fluoride (check label) or family toothpaste containing between 1,350ppm and 1,500ppm fluoride.
- Use only a pea-sized amount of toothpaste.
- Spit out after brushing and don't rinse – if you rinse, the fluoride won't work as well.

Source: NHS- children's teeth. <https://www.nhs.uk/live-well/healthy-body/taking-care-of-childrens-teeth/>



## **Zoom** along to our Free Oral health Parent/Carers

February 2021

Topic: *Harrow Family Oral health session*

Time: Feb 10, 2021 6:30 PM

Join Zoom Meeting

Meeting ID: 833 6021 3132    Passcode: ohp2021

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Topic: Harrow oral health zoom session for parents /carers

Time: Feb 24, 2021 10:30 AM

Every week on Wed, until Mar 10, 2021,

Feb 24, 2021 10:30 AM

Mar 3, 2021 10:30 AM

Mar 10, 2021 10:30 AM

Join Zoom Meeting

Meeting ID: 856 9296 1337    Passcode: harrow

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Parent Oral health session including information on tooth brushing aids (S.E.N) Q & A with dentist after.

Time: Feb 23, 2021 6:30 PM

Join Zoom Meeting

Meeting ID: 823 4535 6828    Passcode: 23EVE

Topics covered •Brushing tips and techniques •How to adapt brushes for children with additional needs •How to help protect your child's teeth from tooth decay •Top tooth tips •Advice on visiting and finding a dentist and much more!

# Early Support

Small Steps - Lasting Change

## Parents & Carers.....

Do you feel that your child's behaviour is a challenge sometimes?

Is it difficult to put boundaries in place?

Are you looking for advice / ideas to start toilet learning?

### You are invited to the following Early Support Virtual Workshops



#### Behaviour Workshops

Wednesdays

1 – 2.30pm

13 January 2021

10 February 2021

17 March 2021

#### How to ask for support?

Go to Facebook page:

[www.facebook.com/harrowcc](https://www.facebook.com/harrowcc)

Send an inbox Facebook message with your full name, contact number and e-mail address and a practitioner will be in touch to support you



#### Toilet Learning

Tuesdays

12 January 2021

11am – 12.30pm

09 February 2021

9.30 – 11am

23 March 2021

1 – 2.30pm